

Meet Up & Eat Up, Summer 2019

Social Media Toolkit

Summer is a critical time for children's academic and physical well-being, yet many kids who rely on school meals struggle with hunger when school is not in session. Oak Park River Forest Food Pantry's *Meet Up & Eat Up* program provides kids and teens with free nutritious meals over the summer. From June 18th through August 16th kids can drop in for a free healthy lunch Monday - Friday. In addition to food, there will be daily activities for all ages, including sports drills, games, arts and crafts, story time, and more. Located at 34 N. Austin Blvd in St. Catherine St Lucy school gym, M-F: 11:30 am to 1:30 pm.

Our kick-off event on June 18th (11:30 am – 1:30 pm) will have fun activities for the whole family, including raffles and prizes!

Last year, over 80% of participants learned about the program outside of Oak Park River Forest Food Pantry efforts. We hope to provide MORE meals to kids and teens this summer, which means we need your help to get the word out.

Please share the attached flyer (below and linked on the Meet Up & Eat Up webpage) on your social media, your info board(s), your website, and/or with your mailing list.

Webpage: www.oprffoodpantry.org/meet-up

Facebook: facebook.com/feedhungryfamilies

Twitter: @OPRFFoodPantry

Instagram: @OPRFFoodPantry

Example social media posts:

- Free food, friends & fun! Kids and teens can stop by Meet Up & Eat Up June 18 to August 16 to join the activities. www.oprffoodpantry.org/meet-up
- Meet Up & Eat Up is about more than just a free lunch. Join us for activities for all ages including basketball, crafts, story time and more! www.oprffoodpantry.org/meet-up
- Meet Up & Eat Up offers activities for all ages in addition to a free lunch! www.oprffoodpantry.org/meet-up
- Meet Up & Eat Up is keeping summer FUN with free food and activities for kids and teens! www.oprffoodpantry.org/meet-up
- Consider adding the Meet Up & Eat Up to your Facebook Profile as a frame. On your profile picture add frame and search for "Meet Up and Eat Up 2019".

6.18 TO 8.16

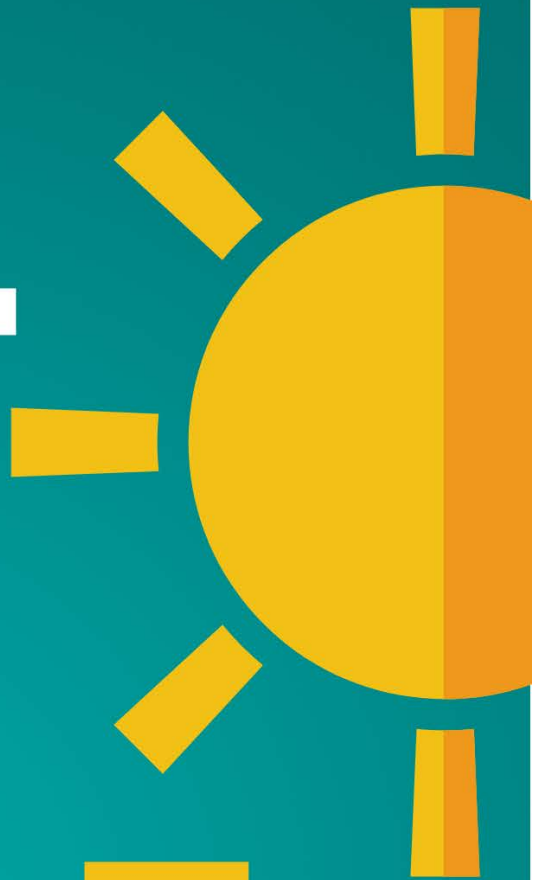
MEET

UP

&

EAT

UP



MON TO FRI
11:30AM-1:30 PM

ST. CATHERINE OF SIENA
ST. LUCY SCHOOL
34 N. WASHINGTON BLVD
OAK PARK, IL

FREE LUNCH & ACTIVITIES FOR
KIDS & TEENS

OPRFFOODPANTRY.ORG/MEET-UP

708.386.1324 x1112



GREATER
CHICAGO
FOOD
DEPOSITORY



Illinois
State Board
of Education



MEET

UP

&

EAT

UP

FREE
LUNCH &
ACTIVITIES
FOR KIDS
& TEENS

6.18
TO
8.16

MON TO FRI
11:30AM-1:30PM

ST. CATHERINE OF SIENA
ST. LUCY SCHOOL
34 N. WASHINGTON BLVD
OAK PARK, IL

OPRFFOODPANTRY.ORG/MEET-UP

708.386.1324 x1112

